I AM LOVE

A BOOK of COMPASSION

BY SUSAN VERDE · ART BY PETER H. REYNOLDS

I can find goodness in a kind word, a helping hand, or a shared smile. Love is tiny gestures.

I agree with "The book of compassion: I am Love" that love is in tiny gestures. My small gestures that bring big smiles and love are:

o Hug my father and mother
o Laugh with my father's jokes
o Offer a flower to my mother
o Kiss my grandparents
o Draw hearts for my mother and stars for my father
o Play with my little cousin and let him win
o Bring extra biscuits, bananas, nuts and cake for my friends
o Share my toys with my friends
o Give food and water to stray cats and dogs
o Say good morning to everybody
o Smile to everyone

Argyris Lampropoulos – Δ1